Pasta Chith Data Contraction Data Contraction

A RECIPE BY OLIVE DINING

ingredients

- Half an Onion (diced)
- 2x Carrots (peeled and diced)
- 1x Tomato (diced)
- 1x Tin of Tomatoes
- 150g Pasta



method

- Fry Onions and Carrots until soft (approx 8 minutes)
- Add the chopped Tomatoes and100ml of water and cook for a further 10 minutes.
- Meanwhile add the Pasta to a pan of boiling water and boil for 10 minutes
- You can either blend the Tomato sauce or leave it chunky
- Drain the Pasta and add the Tomato sauce
- Add fresh Tomato to garnish